FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Kesponses)													
1. Name and Address of Reporting Person – CASH JOHN				2. Issuer Name and Ticker or Trading Symbol UR-ENERGY INC [URG]					5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 10758 W. CENTENNIAL ROAD, SUITE 200			N. HEEF 200	3. Date of Earliest Transaction (Month/Day/Year) 12/16/2019						X Officer (give title below) Other (specify below) See Remarks				
(Street) LITTLETON, CO 80127				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					ies Acquire	uired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		Date (Month/Day/Year)	any	xecution Date, if	(Instr. 8)	(A)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Transaction(s)			Ownership Form:	Beneficial	
				(Month/Day	y/ Y ear)	Code	V Am	ount (A) or (D)	Price	or Indi (I)		or Indirect	Ownership (Instr. 4)	
Common S	Shares		12/16/2019			М	24,		\$ 0.5782 10	32 165,793			D	
Reminder: Re	eport on a sep	parate line for each	class of securities	beneficially	owned	directly or	Persons containe	d in this fo	rm are no		to respond	d unless th		1474 (9-02)
Reminder: Re	eport on a sep	parate line for each		beneficially of the beneficial of		•	Persons containe form dis	d in this fo plays a cur	rm are no rently vali	t required id OMB co	to respond	d unless th		1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction	Table II - 3A. Deemed Execution Date,	Derivative S (e.g., puts, c 4. Transacti Code	Securition of Security of (In	ies Acquir arrants, op Number Derivative curities quired (A) Disposed	Persons containe form dis ed, Dispos otions, con 6. Date Ex	d in this for blays a curred of, or Benzertible secuercisable tion Date	rently valineficially Ourities)	t required d OMB co	to respond ntrol numb 8. Price of	d unless th	of 10. Owners Form of Derivat Security Direct (or Indir	11. Naturhip of Indire Beneficity Ownersh (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, any	Derivative S (e.g., puts, c) 4. Transacti Code ar) (Instr. 8)	Securition of Security of (In	ies Acquir arrants, op Number Derivative curities quired (A) Disposed D) str. 3, 4,	Persons containe form dis ed, Dispos otions, con 6. Date Ex and Expira	d in this foolays a cur ed of, or Bei vertible secuercisable tion Date ty/Year)	rm are normal rently validated in the control of th	t required d OMB co	8. Price of Derivative Security	9. Number Derivative Securities Beneficially Owned Following Reported	of 10. Owners Form of Derivat Security Direct (or Indir	11. Natur of Indire Beneficia Ownersh (Instr. 4)

Reporting Owners

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
CASH JOHN 10758 W. CENTENNIAL ROAD, SUITE 200 LITTLETON, CO 80127			See Remarks		

Signatures

/s/ L. Charles Laursen	12/17/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each unit is redeemable upon vesting for one common share
 - On December 15, 2017, the reporting person was granted 32,062 Restricted Share Units ("RSUs") vesting in two years. Subsequently, the Compensation Committee made the
- (2) determinations to satisfy the RSU award by delivering common shares rather than cash. Under the terms of the Ur-Energy Inc. Restricted Share Unit Plan, each Restricted Share Unit awarded under the Plan is redeemed on or within thirty (30) days after the applicable redemption date for cash or common shares, as determined by the Compensation Committee of the Board.
- The common shares were priced at \$0.76 Canadian dollars per share. \$0.5782 is the U.S. dollar equivalent of the share price pursuant to the exchange rate as of the transaction date (CDN\$ 1.00 = US\$ 0.7609), as reported by the Bank of Canada on its website, www.bankofcanada.ca.
- (4) The 7,808 shares withheld from issuance by the Company were solely for the purpose of satisfying the tax withholding obligation arising in connection with the vesting of the RSUs granted on December 15, 2017 under the terms of the Ur. Forest Int. But it is 1500 and 150 granted on December 15, 2017 under the terms of the Ur-Energy Inc. Restricted Share Unit Plan.

Remarks:

Vice President of Regulatory Affairs

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.