FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Parker Thomas H						2. Issuer Name and Ticker or Trading Symbol UR-ENERGY INC [URG]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	(First)	(/)	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/14/2022								X	Director Officer (give title below)			10% Owner Other (specify below)	
10758 W. CENTENNIAL ROAD SUITE 200					4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street) LITTLETON CO 80127													Form filed	d by More t	than C	ne Reportin	g Person		
(City)	(State) (Z	ľip)																
		T	able I - No	n-Der	rivativ	/e S	ecurit	ies Acc	quired,	Dis	posed o	f, or Benef	ficiall	y Ow	ned				
1. Title of Security (Instr. 3) 2. Trans Date (Month/l				/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Of (D) (Ins Code (Instr.		ies Acquired (A) or Disposed str. 3, 4 and 5)			5. Amount Securities Beneficiall Following	y Owned Reported	Form	lirect (I)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)			Transactio (Instr. 3 an				(Instr. 4)
Common Shares 11/14					4/2022			M		53,479	(1) A	\$1.3	773(2)	305,773			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	ate, T	4. Transaction Code (Instr				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported	s Illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				c	Code	ode V		(D)	Date Exercisable		Expiration Date	Title	Amo or Num of SI			Transaction(s (Instr. 4)			
Restricted share units (exchange for common shares)	(3)	11/14/2022			М			53,479	(4)		(4)	Common Shares	53,	479	\$0	21,964	4	D	

Explanation of Responses:

- 1. On November 13, 2020, the reporting person was granted 53,479 Restricted Share Units ("RSUs"). On redemption, the reporting person received 53,479 common shares.
- 2. The common shares were priced at \$1.83 Canadian dollars and \$1.3773 U.S. dollars is the equivalent of the purchase price pursuant to the exchange rate as of the transaction date (Cdn\$1.00 = US\$0.7526) as reported by Bank of Canada on its website, www.bankofcanada.ca.
- 3. Each RSU is redeemable upon vesting for one common share.
- 4. The RSUs became redeemable on November 14, 2022.

/s/ Roger L. Smith Roger L. Smith pursuant to Power of Attorney 11/16/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.