### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average	burden						
hours par raspansa	0.5						

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses	)																
1. Name and Address of Reporting Person – GOPLERUD PENNE A  (Last) (First) (Middle) 10758 W. CENTENNIAL ROAD, SUITE 200 (Street)  LITTLETON, CO 80127				UR-ENERGY INC [URG]  3. Date of Earliest Transaction (Month/Day/Year) 11/29/2021  4. If Amendment, Date Original Filed(Month/Day/Year)									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
													X Officer (give title below) Other (specify below)  Gen Counsel and Corp Secretary  6. Individual or Joint/Group Filing(Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City		(State)	(Zip)				Table I	- Non-	Deriva	tive S	Securitie	es Acquire	d, Disposed o	f, or Benefi	icially Owne	ed		
(Instr. 3) Dat		2. Transaction Date (Month/Day/Year)			3. Transactio Code (Instr. 8)		on 4. Securities Acquir or Disposed of (D) (Instr. 3, 4 and 5)		Owned Follow Transaction(s)				6. Ownership Form:	7. Nature of Indirect Beneficial				
				(Month/Day/Year)		Code	V	Amo	ount	(A) or (D)	Price	Instr. 3 and 4)	)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common	Shares		11/29/2021				М		150,	000		5 0.5719 4 1)	111,033			D		
Common Shares 11/29/2021		11/29/2021			S		150,000		D \$ 1.5578 (2)		261,033		D					
			class of securities b	- Deriva	tive S	ecuri	ties Acqu	Persin that cu	sons v his for urrentl	m ardly val	e not re lid OME or Bene	equired to B control eficially Ow					1474 (9-02)	
1. Title of	2.	3. Transaction	3A. Deemed	( <i>e.g.</i> , pt			varrants, mber of						nd Amount	9 Price of	9. Number	of 10.	11. Natur	
Derivative Security (Instr. 3)	e Conversion Date Execution Dor Exercise (Month/Day/Year) any		Execution Date, if	f Transaction Deriver Code Security (Instr. 8) Acquir			ative ities red (A) posed of 3, 4,	6. Date Exercisab Expiration Date (Month/Day/Year		ate	e of Uno		ying	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s	Owners Form of Derivat Securit Direct or India (s) (I)	ship of Indirect Beneficia Ownersh (Instr. 4)	
				Code	V (	A)	(D)	Date Exercis		Expira Date	ation	Title	Amount or Number of Shares		(Instr. 4)	(Instr.	4)	
Common share options (right to buy)	\$ 0.5719 (1)	11/29/2021		М		1	50,000	<u>(3</u>	3) 1	12/16	5/2021	Commo	1150 000	\$ 0	882,973	3 D		
Repor	ting O	wners																

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
GOPLERUD PENNE A 10758 W. CENTENNIAL ROAD SUITE 200 LITTLETON, CO 80127			Gen Counsel and Corp Secretary				

# **Signatures**

/s/ Roger L. Smith Roger L. Smith pursuant to Power of Attorney	11/30/2021
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options were exercised and the shares were acquired, at 0.73 Canadian dollars; 0.5719 U.S. dollars is the equivalent of the exercise price pursuant to the exchange rate realized as of the transaction date (Cdn $1.00 = US_0.7834$ ).
- (2) The shares were sold at \$1.9885 Canadian dollars; \$1.5578 U.S. dollars is the equivalent of the sales price pursuant to the exchange rate realized as of the transaction date (Cdn\$1.00 = US\$0.7834).
- (3) The original 216,836 options granted on 12/16/2016 vested and became exercisable as follows: 21,684 on 12/16/2016; 47,704 on 5/2/2017; 47,703 on 9/16/2017; 47,704 on 1/31/2018; and 52,041 on 6/16/2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.