FORM 4	4
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting Persor CASH JOHN	2. Issuer Name and Ticker or Trading Symbol UR-ENERGY INC [URG]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
(Last) (First) 10758 W. CENTENNIAL ROAD	3. Date of Earliest Transaction (Month/Day/Year) 03/16/2021						X_Officer (give title below) Other (specify below) See Remarks Other (specify below)			
(Street) LITTLETON, CO 80127	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Year			(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)	Ownership Form:	Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) C or Indirect (I (I) (Instr. 4)	
Common Shares	03/16/2021		М		181,106		\$ 0.5796 (1)	368,666	D	
Common Shares	03/16/2021		S		181,106	D	\$ 1.3576 (2)	187,560	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Number of 6. Date Ex		6. Date Exer	rcisable and 7. Title and Ar		Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	tion	Derivative Expiration Date		Date	of Underlying		Derivative	Derivative	Ownership	of Indirect	
Security		(Month/Day/Year)	~	Code		Securities (Month/Day/Year)							Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)			1 ()		(Instr. 3 and 4)		` /	2	Derivative	1	
	Derivative						isposed of	i of						2	(Instr. 4)
	Security					(D)					0	Direct (D)			
						·	r. 3, 4,	4,			1	or Indirect			
						and	5)						Transaction(s)	· · /	
											Amount		(Instr. 4)	(Instr. 4)	
								Date	Expiration	Title	or				
								Exercisable	Date	THE	Number				
				Code	V	(A)	(D)				of Shares				
Common															
share															
options	\$ 0.5796	03/16/2021		М			181,106	<u>(3)</u>	12/16/2021	Common	181,106	\$ 0	603,949	D	
	<u>(1)</u>	03/10/2021		11/1			101,100		12/10/2021	shares	101,100	φU	005,949	D	
(right to															
buy)															

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CASH JOHN 10758 W. CENTENNIAL ROAD SUITE 200 LITTLETON, CO 80127			See Remarks				

Signatures

/s/ Roger L. Smith Roger L. Smith pursuant to Power of Attorney	03/18/2021
-**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options were exercised, and the shares were acquired, at 0.73 Canadian dollars; 0.5796 U.S. dollars is the equivalent of the exercise price pursuant to the exchange rate realized as of the transaction date (Cdn1.00 = US 0.793910).
- (2) The shares were sold at \$1.7100 Canadian dollars; \$1.3576 U.S. dollars is the equivalent of the sales price pursuant to the exchange rate realized as of the transaction date (Cdn\$1.00 = US\$0.793910).
- (3) The options granted on 12/16/2016 vested and became exercisable as follows: 18,111 on 12/16/2016; 39,843 on 5/2/2017; 39,843 on 9/16/2017; 39,844 on 1/31/2018; and 43,465 on 6/16/2018.

Remarks:

VICE PRESIDENT REGULATORY AFFAIRS

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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